

HEART MONTH FEBRUARY/2011

WHEREAS:

one in three Canadian deaths are due to heart disease and stroke every

year, making it the leading cause of death in the country; and

WHEREAS:

the Heart and Stroke Foundation protects the lives of all Canadians by funding world class scientific research which results in medical advancements, social change and education to prevent and reduce

death and disability from heart disease and stroke; and

WHEREAS:

February is Heart Month in Canada, during which the Heart and Stroke Foundation Person-to-Person Campaign takes place, to support on-going heart disease and stroke research and programs; and

WHEREAS:

we applaud and commend the thousands of volunteers, staff and researches of the Heart and Stroke Foundation of British Columbia and Yukon for their dedication and commitment and wish them continued success.

NOW THEREFORE, I, John Ruttan, Mayor of the City of Nanaimo, proclaim that the month of February be observed as "Heart Month" in the City of Nanaimo and I urge all citizens to co-operate with the Heart and Stroke Foundation of British Columbia and Yukon Person-to-Person Campaign and all civic, social and fraternal organizations and business establishments to give this campaign the greatest possible support.

John Ruttan MAYOR

DATED THIS 23RD DAY OF JANUARY, 2012.

