



Health Services



Mental Health

ABORIGINAL CHILD & YOUTH MENTAL HEALTH

Phone 250-741-5701

Hours Monday - Friday 8:30 am - 4:30 pm (walk-ins are available Wednesday & Thursday from 9 am - 12 pm and 1 pm - 3pm)

Address [#301 - 190 Wallace Street](#)

Services Provides service to children/youth (up to 19) and families who are seeking assistance regarding a mental health concern.

Bus Route #1, #20, #25, #30, #40, #50

CANADIAN MENTAL HEALTH ASSOCIATION

Phone 250-244-4042



Hours Monday - Friday 10 am - 6:15 pm

Address [437 Wesley Street](#)

Services Dedicated to the promotion and improvement of mental health and quality of life in the community, through effective services, advocacy, awareness and education, resource generation, and partnerships.

Website www.cmhamidisland.ca

Bus Route #5, #6

Social  

MENTAL HEALTH RECOVERY PARTNERS - CENTRAL ISLAND

Phone 250-760-6031


Hours Tuesday - Thursday 12:30 pm - 4 pm (by appointment only)

Address [2353 Rosstown Road](#)

Services Provides support for the caregivers of those suffering from mental illness. They offer family-to-family education programs to equip loved ones, as well as a bi-weekly support group.

Website mhrpci.com

Bus Route #30

Social 

VANCOUVER ISLAND MENTAL HEALTH SOCIETY

Phone 250-758-8711

Email info@vimhs.org

Address [2356 Rosstown Road](#)

Services Provides rehabilitative residences and community oriented support services for adults with a psychiatric disability including those with addictions.

Website www.vancouverislandmentalhealthsociety.org

Bus Route #30

Social  